

Clitheroe Royal Grammar School

Personal Development

Year Group: 9

Theme and Topic: Relationships and Sex Education (RSE)

Delivered by: PD Specialists SWH and BB

Lessons: 10



Key	
<i>Relationships Education and the law</i>	<i>Sex Education/ Sexual Health Education Sexual Health Education &The law</i>
Lesson Number	Learning Objectives
1 of 10 Healthy and unhealthy relationships	Learning Objective - Intro to RSE and healthy and unhealthy relationships Learning outcomes <ul style="list-style-type: none"> • To know the attributes of a healthy relationship. • To know the importance of respecting others and especially those we are in a relationship with • To describe what love is and what love is not • To know what an unhealthy relationship looks like and identify what support is available for someone in an abusive relationship
2 of 10	Learning Objective – To identify criminal behaviours in relationships Learning Outcomes <ul style="list-style-type: none"> • To know criminal behaviours in a relationship such as, domestic abuse, assault, harassment sexual assault, stalking and blackmail

Criminal behaviours in relationships	<ul style="list-style-type: none"> • To know what coercive control is • To recognise and manage unhealthy behaviours in a relationship, such as coercion, manipulation and exploitation • To know these criminal behaviours are against the law and who to speak to, if I, or anybody I know was in an unhealthy relationship
3 of 10 Intimate Relationships	<p>Learning Objective – To explore intimate relationships and the law</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • To know the link between human attraction and hormones • To know key words relating to attraction • To know that there are different type of intimacy – intellectual, physical, spiritual and emotional • To know what constitutes as a healthy and unhealthy, intimate sexual relationship, including the role of consent and trust • To know how you can set expectations and boundaries within a relationship • To Know what the law says about relationships and young people and sex
4 of 10 The law relating to consent	<p>Learning Objective– To the law relating to consent</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • To be able to explain what consent is according to the law • To know what the capacity to consent means • To explain the importance of seeking consent, using verbal and non-verbal cues • To know the consequences of not seeking consent
5 of 10 Delaying sexual activity	<p>Learning Objective – To know the benefits of delaying sexual activity</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • To understand the benefits of delaying sexual activity to later in life • To know how to be assertive and deal with undue pressure • To understand that you don't have to do anything you don't want to and consent and respect for each other should be paramount in any relationship
6 of 10 Contraception	<p>Learning Objective– To know the range of contraception types that are available</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • To know the purpose of contraception • To know the range of contraception types that are available

	<ul style="list-style-type: none"> • And know the effectiveness of different types of contraceptives • To know that using condoms and protects against STI's • To know where to access contraception and advice
7 of 10 STI's	<p>Learning Objective - To know the symptoms, diagnosis and treatments of STI's</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • To understand the way STI's spread and the groups at higher risk • To understand the differences between viral STI's and bacterial STI's • To know the symptoms, diagnosis and treatments of STI's • To know what sexual health clinics offer
8 of 10 Reproductive Health – Fertility	<p>Learning Objective - To know what fertilisation is and some cause of infertility</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • I know the definitions of fertilisation and conception • I know some causes of infertility and some treatments • I know what the menopause is and know some effects
9 Pregnancy	<p>Learning Objective – To know the facts around pregnancy</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • To understand the consequences of an unplanned pregnancy • To understand the options available for unplanned pregnancies and where to go to for support • To know the signs and symptoms of pregnancy • To know how pregnancy will change somebody's life • To know what a miscarriage is • To know where to seek support
10 of 10	<p>Learning Objective – To know the dangers of Image sharing and dangers of watching explicit videos</p> <p>Learning Outcomes</p>

The dangers of Image sharing and dangers of watching explicit videos

- To be aware of the law on sending nudes
- To investigate case studies and advise what to do backed up with what the law says
- To evaluate actions if an unwanted nude is received, know how to report/get support
- To know the law and risks regarding sharing personal information, pictures (including explicit images), videos and other material using technology (including, youth-produced sexual imagery, revenge porn, nudes and pornography etc)
- To understand the impact of viewing harmful content online
- To recognise the portrayal and impact of sex in the media and social media can affect people's expectations of relationships and sex (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography)